

student assistance

SOAR: Student Outreach, Assistance, Resources, offers students 24/7 access to professional counselors, financial experts, and work/life specialists to solve life challenges and succeed in school.

For urgent after-hours help, the SOAR Helpline is available 24/7, 365 days-a-year. 800.932.0034

When to use the SOAR program:

SOAR is available to help with any concern or problem affecting behavioral health, well-being and/or academic performance. Speak with a professional counselor for a variety of personal or school-related issues, including but not limited to:

- Academic Performance
- Balancing School and Life
- Time Management
- Depression
- Managing Stress
- Alcohol and Substance Abuse
- Parenting and Child Care
- Separation and Divorce
- Debt and Credit Issues
- Legal Consultation
- Roommate Conflicts
- Staying Focused & Motivated

One of SOAR's most popular components is **Tools for Daily Living**—a personalized referral service that helps students find affordable housing, childcare, school materials, job search assistance, transportation, and other common life needs.

The SOAR program is free of charge, 100% confidential, available to all family members regardless of location, and easily accessible through ACI's 24/7 live-answer toll free number.

Additional Questions?

Contact Student Affairs or contact ACI Specialty Benefits directly at 800.932.0034

soar@acispecialtybenefits.com













Start Using Your Affinity TM Online



To access the **Affinity™** Online Website:

- Go to www.affinityonline.com
- In the login page, enter the company user name: dwc
- 3. Enter the company password: aci

Affinity™ Online features self-help tools, resources and answers at any time of the day or night from any internet-connected computer. It is completely anonymous so privacy is assured. Best of all, it is free! No matter how often it is used, it is provided to your company at no additional cost.





At **Affinity™** Online you'll find more than 300 programs prepared, revised and constantly updated addressing a range of topics focusing on mental health, personal development, and many aspects of daily living. Each features:

- · Personalized self-paced assistance
- Strategies for better and healthier living
- · Complete anonymity
- FREE services no matter how often accessed
- Help available 24 hours per day, seven days per week







