

# Student Life Balance

## Legal Consultation

Attorneys are available by phone to provide consultation on a wide range of legal matters.

## Financial Consultation

Talk to an experienced financial planner for advice on personal finances, debt problems and other money concerns.

## Childcare Referrals

If childcare issues are interfering with school, SOAR specialists can help find affordable childcare options and resources.

## Eldercare Referrals

For legal, financial or housing assistance with elderly dependents, SOAR professionals are available to provide expertise, resources and referrals.

## Personal Matters

Call anytime to speak with a professional about a personal, emotional or private family matter.

## Tools for Daily Living

Get personalized referrals for a variety of life needs including school materials, housing, car repair, job search assistance, transportation and discount computers.

## 24/7 Helpline

For urgent matters, counselors are available day or night.



“Thanks to all who had any input in the creation of SOAR. Now we have yet another tool available to empower us to save the dreams and lives of our students!”

*-Trevor C.  
Student Advisor*



# SOAR

*student assistance*

**A no-cost personal support system for students and families**



800.932.0034

info@acisoar.com

http://dwc.acisoar.com



<http://dwc.acisoar.com>





## You got in. Stay there.

Starting school is just step one. The real challenge is staying there. Today's students face tremendous pressure in and out of the classroom. As soon as stress takes over, many students begin to miss classes and assignments, and, before too long, find themselves out of school. To stay focused and motivated during tough times, students need SOAR.

## SOAR is Easy to Use

With just one phone call, students connect with qualified counselors and mental health professionals for help with personal, family, legal and financial concerns. SOAR services are provided by your school to enrolled students and family members free of charge. Should students need help beyond SOAR, counselors will help the user to determine next steps.

For help and information:

**Contact ACI**

**800.932.0034**

**Text to 858.ACI.2094**

**hmn@acisoar.com**



## SOAR Resources

SOAR gives students direct and confidential access to counseling professionals who help students overcome obstacles and better manage school and life responsibilities. Here are just some of the issues SOAR helps with:

### School

- Attendance
- Balancing school and life
- Staying focused and motivated
- Time management

### Personal

- Alcohol or substance abuse
- Anger management
- Coping with grief
- Depression
- Managing stress

### Family

- Family conflict
- Parenting
- Roommate conflicts
- Separation/divorce
- Relationships

### Financial/Legal

- Debt/credit card issues
- Legal consultation
- Bankruptcy
- Budgeting
- Legal forms

“The SOAR counselor provided a listing of several auto repair shops and even projected repair estimates for comparison. Exceptionally personalized service that I have never encountered before. This was extremely helpful for someone new to the area.”

-Jennifer T.  
25, student

*\*Specific benefits may vary depending on the corporate plan selected.*

**Student  
Outreach  
Assistance  
Resources**